WINTER 2022



Keep your lamps burning!...

In this time of small brightness, long nights, hard news, dark future; let us look for <u>divine spark</u>, deep inside, in silence, in sitting.

As wrote a mystic woman in 13th century:

« Love the nothing, flee the self.

Stand alone. Seek help from no one. Let your being be quiet.

Be free from the bondage of all things. Free those who are bound.

Give exhortation to the free. Care for the sick but dwell alone.

When you drink the waters of sorrows, you shall kindle the fires of love with the match of perseverance*. This is the way to dwell... »

So let us dwell in peace-meditation on the 1st of January between 6 and 9pm.

And why not? a SESSHIN on 20th, 21st, 22nd of January 2023

led with P.Grenard, qi gong's teacher (All in silence, with meal on the cushion and walk outside.)

Free contribution for: https://earthholder.training/

For the end, here is a poem of another mystic John of the Cross:

« There is a lucky dark, none to observe me, darkness far and wide; No other light, no guide, Except for my heart – the fire, the fire inside! That led me on . »

Have a nice year-end and meet you with joy soon in 2023!

With big hug, Josette